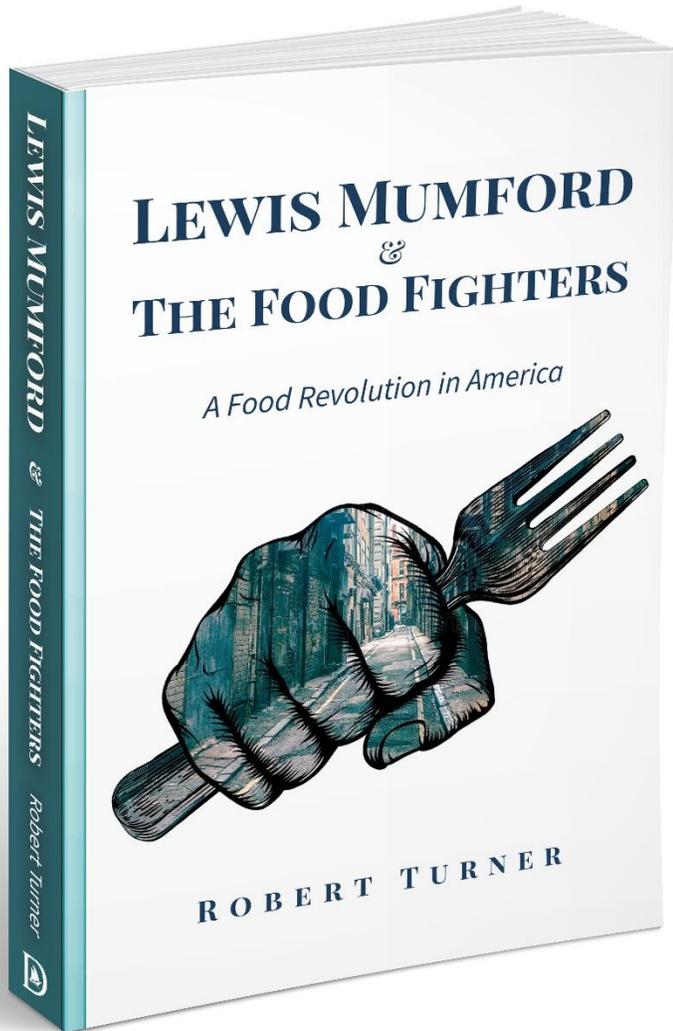


New for Spring 2022 from Discovery Books

LEWIS MUMFORD AND THE FOOD FIGHTERS: A Food Revolution in America

By Robert Turner, author of *Carrots Don't Grow on Trees*



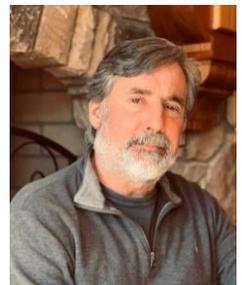
Multinational food corporations have taken over the food supply. Lewis Mumford and a misfit band of rebel food fighters battle to take back control of their food and their lives in this compelling non-fiction story about food sovereignty and regional resilience.

The recent Covid-19 pandemic and then Russian hackers on our oil and meat supply created food shortages and higher prices that revealed the weak links in our global, industrialized food system—a food supply chain that promotes itself as a source of plenty for all but really creates monopolies for wealthy corporations and food insecurity for the rest of us. In *Lewis Mumford and the Food Fighters*, Robert Turner defines a values-based and principle-centered approach to food that can restore our health and create a more sustainable and resilient food system for future generations. Turner shows us the character traits and values that are at the root of positive human behavior and sustainable living, and the result is a guidebook to finding peace and happiness, building lasting relationships, and regaining trust in our food system.

Pub Date: April 15, 2022

Paperback, 324 pages, 5.5" x 8.5"

Robert Turner is a writer for regional food and lifestyle magazines, and the author of *Carrots Don't Grow on Trees: Building Sustainable and Resilient Communities* (Discovery Books, 2019). Turner is the founder of several businesses in such diverse industries as manufacturing, licensing, publishing, and real estate development. He serves on the board of directors for the nationally recognized Organic Growers School, and lives with his wife on a working organic farm in Western North Carolina.



Distributed by National Book Network

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US: \$16.95 CA: \$18.95 ISBN: 978-1-9464-1251-5